

## Examples of pitch count scenarios found below rule 4.4

**Section 4.4 – Safety Rules Governing the Pitcher** (this applies to Men’s or Women’s if the pitcher’s age is identified in the grids below)

### a) Eligibility

Any player on the team is eligible to pitch, and there are no restrictions on the number of pitchers a team may use in a game.

If a pitcher is ineligible to pitch due to pitch count rules (see sections below), this ineligibility starts immediately and continues for the remainder of the calendar day.

If a game continues past 12:01am, those pitches are counted as if they were thrown prior to midnight.

Each required day’s rest shall be defined as starting at 12:01am and ending at 11:59 pm of the next calendar day.

For example, if a 13U pitcher threw 60 pitches on Thursday and requires two day’s rest, the pitcher is ineligible to pitch **for the remainder of Thursday**, Friday and Saturday.

### b) Rest Requirements

11U	13U Boys / 14U Girls	15U Boys 16U Girls/ Canada Games (women)	18U / 19U Women Canada Cup/ Canada Games (men)	22U / 22U Women	Day’s Rest
1-25	1-30	1-35	1-40	1-45	None
26-40	31-45	36-50	41-55	46-60	1 day
41-55	46-60	51-65	56-70	61-75	2 days
56-65	61-75	66-80	71-85	76-90	3 days
66-75	76-85	81-95	86-105	91-115	4 days
75	85	95	105	115	Maximum

### c) Multiple Appearances in a Day

Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher does not exceed the minimum rest threshold in their first appearance, the pitcher is eligible for a second appearance that day. The cumulative pitches of both appearances will determine the number of rest days to begin the next day.

For example, a 13U pitcher, with the minimum rest threshold of 30 pitches, who throws 20 pitches in game 1 on Thursday is eligible to pitch in game 2. If the pitcher then throws 20 pitches again in game 2 they will require one day of rest.

Pitchers cannot pitch in three games during the same calendar day.

### d) Two-Day Maximum Pitch Limits

Pitchers will not be permitted to throw more than the number of pitches shown in the table

below, over any two-day period.

<u>Division</u>	<u>Maximum 2 Day Total</u>
11U	75
13U Boys / <b>14U Girls</b>	85
15U Boys 16U Girls/Canada Games (women)	95
18U Men / <b>19U Women</b> Canada Cup/Canada Games (men)	105
22U Men / <b>22U Women</b>	115

For example, a 13U pitcher who throws 20 pitches on Thursday is eligible to pitch on Friday but is limited to a maximum of 65 pitches (85 - 20 = 65)

### e) Pitching on Three Consecutive Days

Pitchers may pitch on three consecutive days if the pitcher's combined total pitches during the first two days do not exceed the limits in the table below.

<u>Division</u>	<u>Limit</u>
11U	25
13U Boys / <b>14U Girls</b>	30
15U Boys 16U Girls/Canada Games (women)	35
18U Men / <b>19U Women</b> Canada Cup/Canada Games (men)	40
22U Men / <b>22U Women</b>	45

Example 1: An 11U pitcher throws 15 pitches on Thursday and 20 pitches in their first game on Friday, **the pitcher is ineligible to pitch in a second game on Friday** and is not eligible to pitch on Saturday.

Example 2: An 11U pitcher throws 10 pitches on Thursday, 10 pitches on Friday, and 20 pitches in their first game on Saturday, **the pitcher is ineligible to pitch in a second game Saturday** and is not eligible to pitch on Sunday.

**If a pitcher is eligible to pitch on a third consecutive day, the pitcher is limited to the number of pitches shown in the table below, combined, over the course of those three days.**

<u>Division</u>	<u>Maximum</u>
11U	75
13U Boys / 14U Girls	85
15U Boys 16U Girls/Canada Games (women)	95
18U Men / 19U Women Canada Cup/Canada Games (men)	105

<b>22U Men / 22U Women</b>	<b>115</b>
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**Example 3: A 13U pitcher throws 20 pitches on Thursday and 10 pitches on Friday. The pitcher is eligible to pitch on Saturday but is limited to a maximum of 55 pitches. (85-20-10=55).**

**Note: This rule applies to pitchers who throw on three consecutive days only. There is no maximum three-day pitch limit.**

**Example 4: A 13U pitcher throws 30 pitches on Thursday and 0 pitches on Friday, the pitcher is eligible to pitch to a maximum of 85 pitches on Saturday as this is not three consecutive days.**

#### **f) Four Consecutive Days**

A pitcher cannot pitch on four consecutive days

#### **g) Four-Day Maximum Pitch Limits**

Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period.

<b><u>Division</u></b>	<b><u>Maximum 4 Day Total</u></b>
11U	105
13U Boys / <b>14U Girls</b>	120
15U Boys 16U Girls/Canada Games (women)	135
18U Men / <b>19U Women</b> Canada Cup/Canada Games (men)	150
<b>22U Men / 22U Women</b>	165

**Any rest required under this rule is immediate.**

For example, a 13U pitcher who throws 45 pitches on Thursday, and 10 pitches on Saturday is eligible to pitch on Sunday but is limited to a maximum of 65 pitches (120 – 45 – 10 = 65).

#### **h) Ambidextrous Pitchers**

Pitches thrown by an ambidextrous pitcher are counted regardless of which arm or combination of arms, the pitches are thrown with.

#### **i) Playing in Different Age Divisions**

A pitcher playing in a higher age division, shall be governed by the pitching rules of their actual age division. Alternatively, a player playing in a younger division (an overage player), shall be governed by the younger age division.

For example, a 13U-aged pitcher playing in the 15U division is subject to the 13U pitching rules, and a 22U-aged woman pitcher playing in the 19U Women’s division is

subject to the 19U rules.

This section applies to the Men's and Women's Championships, which do not otherwise have pitching rules.

### **j) Pitching & Catching**

Once a player assumes the position of pitcher, they cannot catch for the remainder of the day.

### **k) Completing a Batter**

When a pitcher reaches the maximum number of pitches allowed for a rest threshold, the pitcher is permitted to complete the at-bat. The pitch count will revert to the exceeded threshold which will be recorded on the pitch count log. It applies to the following;

- 1) **The pitcher reaches the minimum daily rest threshold.** For example, a 13U pitcher has thrown 27 pitches and has started an at-bat. The coach signals to the umpire that it will be the last batter before the pitcher exceeds the minimum daily threshold (30 pitches). The pitcher throws 33 pitches, but 30 will be recorded on the pitch count log.
- 2) **The pitcher reaches the maximum daily rest threshold.** For example, a 13U pitcher has thrown 83 pitches and has started an at-bat. The coach signals to the umpire that it will be the last batter before the pitcher exceeds the maximum daily threshold (85 pitches). The pitcher throws 87 pitches but 85 will be recorded on the pitch count log.
- 3) **The pitcher reaches the threshold to pitch on 3 consecutive days.** For example, a 13U pitcher throws 15 pitches on Day 1 and on Day 2 throws 12 pitches before starting another at-bat. The coach signals to the umpire that it will be the last batter before the pitcher exceeds the minimum daily rest threshold (30 pitches). The pitcher finishes with 17 pitches to finish the batter but 15 will be recorded on the pitch count log.
- 4) **The pitcher reaches the threshold in two appearances on the same day.** For example, a 13U pitcher throws 27 pitches in Game 1 before starting an at-bat. The coach signals to the umpire that it will be the last batter before the pitcher exceeds the minimum daily threshold (30 pitches). The pitcher finishes with 33 pitches and 30 pitches are recorded in the pitch count log. The pitcher is eligible to pitch in Game 2 on that day.
- 5) **The pitcher reaches the four-day maximum pitch limit.** For example, a 13U pitcher throws 45 pitches on Thursday, 20 pitches on Saturday, and is eligible to throw 55 pitches on Sunday. On Sunday, the pitcher throws 52 pitches before starting an at-bat. The coach signals to the umpire that it is the last batter before the pitcher exceeds the four-day maximum pitch limit (120 pitches). The pitcher finishes with 57 pitches but 55 will be recorded on the pitch count log.

The umpire will advise the scorekeeper of the coach's last batter notification. Once the coach has made this declaration, the pitcher must be removed after the at-bat.

### **l) Intentional Walks**

Only pitches thrown will be included in pitch count totals. Automatic balls during an intentional walk do not count towards pitch count totals.

For example, if with a 2-0 count, a team signals to the umpire that a batter will receive an intentional walk, only the two pitches thrown will be counted for pitch count.

### **m) Returning to Pitch**

A pitcher who is removed from the mound during a game shall not be permitted to return to pitch in the same game, even if the pitcher is retained at another position.

Approved ruling: a pitcher who is pinch hit or pinch run for in an offensive inning, may not return as a pitcher when the team takes the field on defense.

### **n) Penalty**

The penalty for any violation of any part of the pitch count rule is the ejection of the team's Head Coach or Manager. The Head Coach or Manager shall receive an automatic one-game suspension. Should a pitch count rule violation be discovered at the conclusion of a game, the Head Coach or Manager is suspended for one game.

At the 19U Women's, Women's, Canada Cup, 18U, 22U, and Men's level any violation of any part of the pitch count rule also results in a forfeit of a game and no financial penalty will be assessed in this situation.

When a pitcher is about to become ineligible, all individuals, including scorekeepers and the opposing team coaches, must raise this point and prevent the pitcher from becoming ineligible by advising the pitcher's Head Coach or Manager.

### **o) Suspended Games**

When a game is suspended, the scorekeepers will record all pitches thrown in the pitching log. Required rest will be applied immediately.

When a suspended game is resumed, pitches thrown at the completion of the suspended game will be recorded on the day they are thrown.

A pitcher who is ineligible to pitch on the day a game begins but is eligible on the day the game is completed, may pitch in the completion of the suspended game. A pitcher who is eligible to pitch on the day a game begins but is not eligible to pitch on the day the game is completed, may not pitch in the completion of the suspended game.

A game is suspended when the Baseball Canada Technical Officer makes such a declaration and advises teams to leave the park.

A game is delayed when teams remain at the field, with the hope of continuing the game. Delays have no impact on pitching rules.

### **p) Second Trip**

The manager or coach may make a 2<sup>nd</sup> visit to the mound while the same batter is at bat to remove the pitcher. If the manager or coach makes a 2<sup>nd</sup> trip to the same pitcher in the same inning will cause the pitcher's automatic removal from the pitching position

## 13U BOYS/14U GIRLS PITCH COUNT SHEET BASEBALL CANADA CHAMPIONSHIPS

**EXAMPLE: Pitches: 1-30 (no rest) 31-45 (1 Day) 46-60 (2 Days) 61-75 (3 Days) 76-85 (4 Days)**

	DAY 1 (THUR)	DAY 2 (FRI)	DAY 3 (SAT)	DAY 4 (SUN)	DAY 5 (MON)	DAY 6 (TUES)	4-DAY MAX
SCE 1	20	65	REST	REST	REST	85	120
SCE 2	30	0	85	REST	REST	REST	120
SCE 3A	35	REST	85	REST	REST	REST	120
SCE 3B	45	REST	10	65	REST	REST	120
SCE 4	60	REST	REST	60	REST	REST	120
SCE 5	75	REST	REST	REST	85	REST	120
SCE 6	15	15	55	REST	REST	65	120
SCE 7	20	25	REST	75	REST	REST	120
SCE 8	15	15	0	85	REST	REST	120
SCE 9	30 (34)	55	REST	REST	65	REST	120
SCE 10	10 G-1 10 G-2	10	55	REST	REST	65	120
SCE 11	20	10 G-1 55 G-2	REST	REST	REST	85	120
SCE 12	10 G-1 15 G-2	5 G-1 55 G-2	REST	REST	60	REST	120
SCE 13	10 G-1 10 G-2	10 (14)	55	REST	REST	65	120

SCE 1 – The pitcher throws under the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu); therefore, is eligible to pitch on the 2<sup>nd</sup> day (Fri). The maximum number of pitches on the 2<sup>nd</sup> day (Fri) is 65 as the cumulative pitches over two consecutive days cannot exceed the maximum daily pitch limit (85 pitches). The rest period is 3 days based on the pitches thrown on the last day (65).

**RULE: Section 4.4 (d) Two-day maximum pitch limit – The pitcher will not be permitted to throw more than the number of pitches shown in the table below over a two-day period: 13U BOYS/14U GIRLS (85).**

SCE 2 – The pitcher throws equal to the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu) and does not throw on the 2<sup>nd</sup> day (Fri). The pitcher did not throw on two consecutive days and can throw the maximum daily pitch limit (85) on the 3<sup>rd</sup> day (Sat). Also, the total pitches thrown (30+85=115) do not exceed the 4 consecutive days maximum pitch limit (120). The rest period is 4 days based on the pitches thrown on the last day (85).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 13U BOYS/14U GIRLS (120).**

SCE 3A - The pitcher throws over the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu) and serves one day of rest on the 2<sup>nd</sup> day (Fri). The pitcher is eligible to throw the maximum daily pitch limit (85) on the 3<sup>rd</sup> day (Sat) as the total pitches thrown (35+85=120) is equal to the 4 consecutive days maximum pitch limit (120). The rest period is 4 days based on the pitches thrown on the last day (85).

## **13U BOYS/14U GIRLS PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 13U BOYS/14U GIRLS (120)**

SCE 3B - The pitcher throws over the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu) and serves one day of rest on the 2<sup>nd</sup> day (Fri). On the 3<sup>rd</sup> day (Sat), the pitcher throws 10 pitches; therefore, eligible to throw 65 pitches on the 4<sup>th</sup> day (Sun). The total pitches thrown ( $45+10+65=120$ ) meet the 4 consecutive day maximum pitch limit (120). The rest period is 3 days based on the pitches thrown on the last day (65).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 13U BOYS/14U GIRLS (120)**

SCE 4 – The pitcher throws over the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu) and serves two days rest on the 2<sup>nd</sup> (Fri) & 3<sup>rd</sup> days (Sat). The pitcher can throw on the 4<sup>th</sup> day (Sun) 60 pitches. The total pitches, including those thrown on the 1<sup>st</sup> day ( $60+60=120$ ), meet the 4 consecutive day maximum pitch limit (120). The rest period is 2 days based on the pitches thrown on the last day (60).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 13U BOYS/14U GIRLS (120)**

SCE 5 – The pitcher throws over the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu) and serves three days rest on the 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> day (Fri-Sun). The pitcher can throw the maximum daily pitch limit (85) on the 5<sup>th</sup> day (Mon). The pitcher served the required rest period and did not exceed the 4 consecutive days maximum pitch limit (120).

**RULE: Section 4.4 ( f ) Rest periods – Maximum daily pitch limit 13U BOYS/14U GIRLS (85)**

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 13U BOYS/14U GIRLS (120)**

SCE 6 – The pitcher throws on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and the cumulative pitches thrown are equal to the minimum daily threshold (30). The pitcher is eligible to throw on the 3<sup>rd</sup> day (Sat) as pitches thrown ( $15+15=30$ ) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> (Fri) days equal to the minimum daily threshold (30). The pitcher can throw 55 pitches as cumulative pitches over 3 consecutive days do not exceed the maximum daily pitch limit (85). The rest period is 2 days based on the number of pitches thrown on the last day (55).

**RULE: (c) Pitching on Three Consecutive Days: Pitchers may pitch on three consecutive days if the pitcher's combined total pitches during the first two days do not exceed the limits in the table below. 13U BOYS/14U GIRLS (30)**

SCE 7 – The pitcher throws on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and the cumulative pitches exceed the daily minimum threshold (30). The pitcher is ineligible to throw on the 3<sup>rd</sup> day (Sat) and can throw 75 pitches on the 4<sup>th</sup> day (Sun). The total pitches, including those thrown on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri)

## **13U BOYS/14U GIRLS PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

(20+25+75=120), meet the 4 consecutive days maximum pitch limit (120). The rest period is 3 days based on the number of pitches thrown on the last day (75).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 13U BOYS/14U GIRLS (120)**

SCE 8 - The pitcher throws under the minimum daily threshold (30) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and does not throw on the 3<sup>rd</sup> day (Sat). The pitcher can throw on the 4<sup>th</sup> day (Sun) the maximum daily pitch limit of 85 pitches. The pitches thrown (15+15+85=115) are below the 4-day maximum pitch limit (120). The rest period is 4 days based on the pitches thrown on the last day (85).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 13U BOYS/14U GIRLS (120)**

SCE 9 - The pitcher throws over the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu) to finish the batter. The pitcher can throw on the 2<sup>nd</sup> day (Fri) as the coach identified to the umpire the “last batter” upon reaching the minimum daily rest threshold. The pitcher can throw 55 pitches (Fri) as cumulative pitches over two consecutive days did not exceed the maximum daily pitch limit (85). The rest period is 2 days based on the pitches thrown on the last day (55).

**RULE 4.4 (J) Completing a Batter - When a pitcher reaches the maximum number of pitches allowed for a threshold (the number at which an additional day’s rest is required) (see Example 1), or the total number of pitches allowed for a day while in the middle of an at-bat (see Example 2), or the pitcher’s combined total pitches during the first two days does not exceed the one day’s rest threshold (see example 3), the pitcher is allowed to complete the at-bat. The pitcher’s pitch count will revert to the previous threshold and that number will be recorded on the pitch count log.**

**RULE: Section 4.4 (d) Two-day maximum pitch limit – The pitcher will not be permitted to throw more than the number of pitches shown in the table below over a two-day period: 13U BOYS/14U GIRLS (85).**

SCE 10 – The pitcher throws in two (2) games on the 1<sup>st</sup> day (Thu) and one (1) game on the 2<sup>nd</sup> day (Fri) and the cumulative pitches thrown are equal the minimum daily rest threshold (30). The pitcher can throw on the 3<sup>rd</sup> day (Sat) as pitches thrown (20+10) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> (Fri) days do not exceed the minimum daily rest threshold (30). The pitcher can throw 55 pitches as cumulative pitches over 3 consecutive days do not exceed the maximum daily pitch limit (85). The rest period shall be 2 days based on the number of pitches thrown on the last day (55).

**RULE: 4.4 (c) Pitching on Three Consecutive Days: Pitchers may pitch on three consecutive days if the pitcher’s combined total pitches during the first two days do not exceed the limits in the table below. 13U BOYS/14U GIRLS (30)**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day.**



## **13U BOYS/14U GIRLS PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

**For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or Friday.**

SCE 11 - The pitcher throws under the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu), and is eligible to throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitches thrown in the 1<sup>st</sup> game, including the pitches thrown on the 1<sup>st</sup> day (Thu), are equal to the minimum daily rest threshold (30) therefore the pitcher can throw in the 2<sup>nd</sup> game. The pitcher can throw 55 pitches as the two-day maximum pitch limit is 85. The rest period is 3 days based on the pitches thrown on the last day (65).

**RULE: Section 4.4 (d) Two-day maximum pitch limit – Pitcher will not be permitted to throw more than the number of pitches shown in the table below over any two-day period: 13U BOYS/14U GIRLS (85).**

**iii)The pitches on the first day are applied toward the minimum rest threshold toward eligibility for two appearances on the following day.**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

SCE 12 - The pitcher throws in two (2) games under the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu), and can throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitches thrown in the 1<sup>st</sup> game, and the cumulative pitches thrown on the 1<sup>st</sup> day (Thu), are equal to the minimum daily rest threshold (30), therefore the pitcher can throw in the 2<sup>nd</sup> game. The pitcher can throw 55 pitches as the two-day maximum daily pitch limit is 85. The rest period is 2 days based on the pitches thrown on the last day (60).

**iii)The pitches on the first day are applied toward the minimum rest threshold toward eligibility for two appearances on the following day.**

**RULE: Section 4.4 (d) Two-day maximum pitch limit – Pitcher will not be permitted to throw more than the number of pitches shown in the table below over any two-day period: 13U BOYS/14U GIRLS (85).**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

SCE 13 - The pitcher throws in two (2) games under the minimum daily threshold (30) on the 1<sup>st</sup> day (Thu), and can throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitcher throws but the coach identified to the umpire the "Last batter" upon reaching the minimum daily threshold and the pitcher is eligible to throw on the 3<sup>rd</sup> day (Sat). The pitcher can throw on the 3<sup>rd</sup> day as the pitch count log will not show the extra pitches thrown over the minimum rest threshold. On the 3<sup>rd</sup> day (Sat), the pitcher can throw 55

## **13U BOYS/14U GIRLS PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

pitches as the maximum daily pitch limit over three consecutive days is 85. The rest period is 2 days based on the pitches thrown on the last day (55).

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or any time on Friday.**

**RULE 4.4 (J) Completing a Batter - When a pitcher reaches the maximum number of pitches allowed for a threshold (the number at which an additional day's rest is required) (see Example 1), or the total number of pitches allowed for a day while in the middle of an at-bat (see Example 2), or the pitcher's combined total pitches during the first two days does not exceed the one day's rest threshold (see example 3), the pitcher is allowed to complete the at-bat. The pitcher's pitch count will revert to the previous threshold and that number will be recorded on the pitch count log.**

## 15U BOYS/16U GIRLS PITCH COUNT SHEET BASEBALL CANADA CHAMPIONSHIPS

**EXAMPLE: Pitches: 1-35 (no rest) 36-50 (1 Day) 51-65 (2 Days) 66-80 (3 Days) 81-95 (4 Days)**

	DAY1 (THU)	DAY 2 (FRI)	DAY 3 (SAT)	DAY 4 (SUN)	DAY 5 (MON)	DAY 6	4-DAY MAX
SCE 1	25	70	REST	REST	REST	95	135
SCE 2	35	0	95	REST	REST	REST	135
SCE 3A	40	REST	95	REST	REST	REST	135
SCE 3B	50	REST	10	75	REST	REST	135
SCE 4	65	REST	REST	70	REST	REST	135
SCE 5	80	REST	REST	REST	95	REST	135
SCE 6	15	20	60	REST	REST	75	135
SCE 7	20	35	REST	80	REST	REST	135
SCE 8	15	20	0	95	REST	REST	135
SCE 9	35 (39)	60	REST	REST	75	REST	135
SCE 10	10 G-1 10 G-2	15	60	REST	REST	75	135
SCE 11	20	15 G-1 60 G-2	REST	REST	REST	95	135
SCE 12	10 G-1 15 G-2	10 G-1 60 G-2	REST	REST	REST	95	135
SCE 13	15 G-1 10 G-2	10 (15)	60	REST	REST	75	135

SCE 1 – The pitcher throws under the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu); therefore, is eligible to pitch on the 2<sup>nd</sup> day (Fri). The maximum number of pitches on the 2<sup>nd</sup> day (Fri) is 70 as the cumulative pitches over two consecutive days cannot exceed the maximum daily pitch limit (95 pitches). The rest period is 3 days based on the pitches thrown on the last day (70).

**RULE: Section 4.4 (d) Two-day maximum pitch limit – The pitcher will not be permitted to throw more than the number of pitches shown in the table below over a two-day period: 15U Boys, 16U Girls (95).**

SCE 2 – The pitcher throws equal to the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu) and does not throw on the 2<sup>nd</sup> day (Fri). The pitcher did not throw on two consecutive days and can throw the maximum daily pitch limit (95) on the 3<sup>rd</sup> day (Sat). Also, the total pitches thrown (35+95=130) do not exceed the 4 consecutive days pitch limit (135). The rest period is 4 days based on the pitches thrown on the last day (95).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 15U Boys/16U GIRLS (135)**

SCE 3A - The pitcher throws over the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu) and serves one day of rest on the 2<sup>nd</sup> day (Fri). The pitcher is eligible to throw the maximum daily pitch limit (95) on the 3<sup>rd</sup> day (Sat) as the total pitches thrown (40+95=135) is equal to the 4 consecutive days maximum pitch limit (135). The rest period is 4 days based on the pitches thrown on the last day (95).

## **15U BOYS/16U GIRLS PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 15U Boys/16U GIRLS (135)**

SCE 3B - The pitcher throws over the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu) and serves one day of rest on the 2<sup>nd</sup> day (Fri). On the 3<sup>rd</sup> day (Sat), the pitcher throws 10 pitches; therefore, eligible to throw 75 pitches on the 4<sup>th</sup> day (Sun). The total pitches thrown (50+10+75=135) meet the 4 consecutive day maximum pitch limit (135). The rest period is 3 days based on the pitches thrown on the last day (75).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 15U Boys/16U GIRLS (135)**

SCE 4 – The pitcher throws over the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu) and serves two days rest on the 2<sup>nd</sup> (Fri) & 3<sup>rd</sup> days (Sat). The pitcher can throw on the 4<sup>th</sup> day (Sun) 70 pitches. The total pitches, including those thrown on the 1<sup>st</sup> day (65+70=135), meet the 4 consecutive day maximum pitch limit (135). The rest period is 3 days based on the pitches thrown on the last day (70).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 15U Boys/16U GIRLS (135)**

SCE 5 – The pitcher throws over the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu) and serves three days rest on the 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> day (Fri-Sun). The pitcher can throw the maximum daily pitch limit (95) on the 5<sup>th</sup> day (Mon). The pitcher served the required rest period and did not exceed the 4 consecutive days maximum pitch limit (135).

**RULE: Section 4.4 (f) Rest periods – Maximum daily pitch limit 15U Boys/16U GIRLS (95)**

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 15U Boys/16U GIRLS (135)**

SCE 6 – The pitcher throws on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and the cumulative pitches thrown are equal to the minimum daily threshold (35). The pitcher is eligible to throw on the 3<sup>rd</sup> day (Sat) as pitches thrown (15+20=35) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> (Fri) days do not exceed the minimum daily threshold (35). The pitcher can throw 60 pitches as cumulative pitches over 3 consecutive days do not exceed the maximum daily pitch limit (95). The rest period is 2 days based on the number of pitches thrown on the last day (60).

**RULE: (c) Pitching on Three Consecutive Days: Pitchers may pitch on three consecutive days if the pitcher's combined total pitches during the first two days do not exceed the limits in the table below. 15U Boys/16U GIRLS (35)**

**Cumulative pitches over the three days shall not exceed the daily maximum threshold.**

SCE 7 – The pitcher throws on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and the cumulative pitches exceed the daily minimum threshold (35). The pitcher is ineligible to throw on the 3<sup>rd</sup> day (Sat) and can throw 80 pitches

## **15U BOYS/16U GIRLS PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

on the 4<sup>th</sup> day (Sun). The total pitches, including those thrown on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) ( $20+35+80=135$ ), meet the 4 consecutive days maximum pitch limit (135). The rest period is 3 days based on the number of pitches thrown on the last day (80).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 15U Boys/16U GIRLS (135)**

SCE 8 - The pitcher throws under the minimum daily threshold (35) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and does not throw on the 3<sup>rd</sup> day (Sat). The pitcher can throw on the 4<sup>th</sup> day (Sun) the maximum daily pitch limit of 95 pitches. The pitches thrown ( $15+20+95=130$ ) are below the 4-day maximum pitch limit (135). The rest period is 4 days based on the pitches thrown on the last day (95).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 15U Boys/16U GIRLS (135)**

SCE 9 - The pitcher throws over the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu) to finish the batter. The pitcher can throw on the 2<sup>nd</sup> day (Fri) as the coach identified to the umpire the last batter upon reaching the minimum daily rest threshold. The pitcher can throw 60 pitches (Fri) as cumulative pitches over two consecutive days did not exceed the maximum daily pitch limit (95). The rest period is 2 days based on the pitches thrown on the last day (60).

**RULE 4.4 (J) Completing a Batter - When a pitcher reaches the maximum number of pitches allowed for a threshold (the number at which an additional day's rest is required) (see Example 1), or the total number of pitches allowed for a day while in the middle of an at-bat (see Example 2), or the pitcher's combined total pitches during the first two days does not exceed the one day's rest threshold (see example 3), the pitcher is allowed to complete the at-bat. The pitcher's pitch count will revert to the previous threshold and that number will be recorded on the pitch count log.**

**RULE: Section 4.4 (d) Two-day maximum pitch limit – The pitcher will not be permitted to throw more than the number of pitches shown in the table below over a two-day period: 15U Boys/16U GIRLS (95).**

SCE 10 – The pitcher throws in two (2) games on the 1<sup>st</sup> day (Thu) and one (1) game on the 2<sup>nd</sup> day (Fri) and the cumulative pitches thrown are equal to the minimum daily threshold (35). The pitcher can throw on the 3<sup>rd</sup> day (Sat) as pitches thrown ( $20+15=35$ ) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> (Fri) days do not exceed the minimum daily rest threshold (35). The pitcher can throw 60 pitches as cumulative pitches over the 3 consecutive days do not exceed the maximum daily pitch limit (95). The rest period shall be 2 days based on the number of pitches thrown on the last day (60).

**RULE: (c) Pitching on Three Consecutive Days: Pitchers may pitch on three consecutive days if the pitcher's combined total pitches during the first two days do not exceed the limits in the table below. 15U Boys/16U GIRLS (35)**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day.**

## **15U BOYS/16U GIRLS PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

**For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or Friday.**

SCE 11 - The pitcher throws under the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu), and is eligible to throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitches thrown in the 1<sup>st</sup> game, including the pitches thrown on the 1<sup>st</sup> day (Thu), are equal to the minimum daily rest threshold (35) therefore the pitcher can throw in the 2<sup>nd</sup> game. The pitcher can throw 60 pitches as the two-day maximum pitch limit is 95. The rest period is 3 days based on the pitches thrown on the last day (75).

**RULE: Section 4.4 (d) Two-day maximum pitch limit – Pitcher will not be permitted to throw more than the number of pitches shown in the table below over any two-day period: 15U Boys/16U GIRLS (95).**

**iii)The pitches on the first day are applied toward the minimum rest threshold toward eligibility for two appearances on the following day.**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or any time on Friday**

SCE 12 - The pitcher throws in two (2) games under the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu), and can throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitches thrown in the 1<sup>st</sup> game, including the cumulative pitches thrown on the 1<sup>st</sup> day (Thu), are equal to the minimum daily rest threshold (35) therefore the pitcher can throw in the 2<sup>nd</sup> game. The pitcher can throw 60 pitches as the two-day maximum pitch limit is 95. The rest period is 3 days based on the pitches thrown on the last day (70).

**iii)The pitches on the first day are applied toward the minimum rest threshold toward eligibility for two appearances on the following day.**

**RULE: Section 4.4 (d) Two-day maximum pitch limit – Pitcher will not be permitted to throw more than the number of pitches shown in the table below over any two-day period: 15U Boys/16U GIRLS (95).**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

SCE 13 - The pitcher throws in two (2) games under the minimum daily threshold (35) on the 1<sup>st</sup> day (Thu), and can throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitcher throws but the coach identified to the umpire the "last batter" upon reaching the minimum daily rest threshold and the pitcher is eligible to throw on the 3<sup>rd</sup> day (Sat). The pitcher can throw on the 3<sup>rd</sup> day as the pitch count log will not show the extra pitches thrown over the minimum rest threshold. On the 3<sup>rd</sup> day (Sat), the pitcher can

## **15U BOYS/16U GIRLS PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

throw 60 pitches as the maximum daily pitch limit over three consecutive days is 95. The rest period is 2 days based on the pitches thrown on the last day (60).

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

**RULE 4.4 (J) Completing a Batter - When a pitcher reaches the maximum number of pitches allowed for a threshold (the number at which an additional day's rest is required) (see Example 1), or the total number of pitches allowed for a day while in the middle of an at-bat (see Example 2), or the pitcher's combined total pitches during the first two days does not exceed the one day's rest threshold (see example 3), the pitcher is allowed to complete the at-bat. The pitcher's pitch count will revert to the previous threshold and that number will be recorded on the pitch count log.**

## 18U MEN/19U WOMEN PITCH COUNT SHEET BASEBALL CANADA CHAMPIONSHIPS

**EXAMPLE: Pitches:** 1-40 (no rest) 41-55 (1 Day) 56-70 (2 Days) 71-85 (3 Days) 86-105 (4 Days)

	DAY1 (THUR)	DAY 2 (FRI)	DAY 3 (SAT)	DAY 4 (SUN)	DAY 5 (MON)	DAY 6 (TUES)	4-DAY MAX
SCE 1	30	75	REST	REST	REST	105	150
SCE 2	40	0	105	REST	REST	REST	150
SCE 3A	45	REST	105	REST	REST	REST	150
SCE 3B	55	REST	10	85	REST	REST	150
SCE 4	70	REST	REST	80	REST	REST	150
SCE 5	85	REST	REST	REST	105	REST	150
SCE 6	15	25	65	REST	REST	85	150
SCE 7	25	30	REST	95	REST	REST	150
SCE 8	20	20	0	105	REST	REST	150
SCE 9	40 (44)	65	REST	REST	85	REST	150
SCE 10	15 G-1 10 G-2	15	65	REST	REST	85	150
SCE 11	25	15 G-1 65 G-2	REST	REST	REST	105	150
SCE 12	15 G-1 15 G-2	10 G-1 65 G-2	REST	REST	REST	105	150
SCE 13	20 G-1 10 G-2	10 (15)	65	REST	REST	85	150

SCE 1 – The pitcher throws under the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu); therefore, is eligible to pitch on the 2<sup>nd</sup> day (Fri). The maximum number of pitches on the 2<sup>nd</sup> day (Fri) is 65 as the cumulative pitches over two consecutive days cannot exceed the maximum daily pitch limit (105 pitches). The rest period is 3 days based on the pitches thrown on the last day (75).

**RULE: Section 4.4 (d) Two-day maximum pitch limit – The pitcher will not be permitted to throw more than the number of pitches shown in the table below over a two-day period: 18U Men, Baseball Canada Cup, Canada Games, 19U Wom, (105).**

SCE 2 – The pitcher throws equal to the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu) and does not throw on the 2<sup>nd</sup> day (Fri). The pitcher did not throw on two consecutive days and can throw the maximum daily pitch limit (105) on the 3<sup>rd</sup> day (Sat). Also, the total pitches thrown (40+105=145) do not exceed the 4 consecutive days maximum pitch limit (150). The rest period is 4 days based on the pitches thrown on the last day (105).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 18U MEN, 19U WOMEN, Baseball Canada Cup, Canada Games (150).**

SCE 3A - The pitcher throws over the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu) and serves one day of rest on the 2<sup>nd</sup> day (Fri). The pitcher is eligible to throw the maximum daily pitch limit (105) on the 3<sup>rd</sup> day (Fri) as the total pitches thrown (45+105=150) is equal to the 4 consecutive days maximum pitch limit (150). The rest period is 4 days based on the pitches thrown on the last day (105).



## **18U MEN/19U WOMEN PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 18U Men/19U WOMEN, Baseball Canada Cup, Canada Games (150).**

SCE 3B - The pitcher throws over the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu) and serves one day of rest on the 2<sup>nd</sup> day (Fri). On the 3<sup>rd</sup> day (Sat), the pitcher throws 10 pitches; therefore, eligible to throw 85 pitches on the 4<sup>th</sup> day (Sun). The total pitches thrown (55+10+85=150) meet the 4 consecutive day maximum pitch limit (150). The rest period is 3 days based on the pitches thrown on the last day (85).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 18U Men, 19U Wom, Baseball Canada Cup, Canada Games (150)**

SCE 4 – The pitcher throws over the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu) and serves two days rest on the 2<sup>nd</sup> (Fri) & 3<sup>rd</sup> day (Sat). The pitcher can throw on the 4<sup>th</sup> day (Sun) 80 pitches. The total pitches, including those thrown on the 1<sup>st</sup> day (70+80=150), meet the 4 consecutive day maximum pitch limit (150). The rest period is 3 days based on the pitches thrown on the last day (80).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 18U Men, 19U WOMEN, Baseball Canada Cup, Canada Games (150).**

SCE 5 – The pitcher throws over the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu) and serves three days rest on the 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> day (Fri-Sun). The pitcher can throw the maximum daily pitch limit (105) on the 5<sup>th</sup> day (Mon). The pitcher served the required rest period and did not exceed the 4 consecutive days maximum pitch limit (150).

**RULE: Section 4.4 ( f ) Rest periods – Maximum daily pitch limit 18U MEN/19U WOMEN (105)**

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 18U Men, 19U WOMEN, Baseball Canada Cup, Canada Games (150).**

SCE 6 – The pitcher throws on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and the cumulative pitches thrown is equal to the minimum daily threshold (40). The pitcher is eligible to throw on the 3<sup>rd</sup> day (Sat) as pitches thrown (15+25=40) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> (Fri) days is equal to the minimum daily threshold (40). The pitcher can throw 65 pitches as cumulative pitches over 3 consecutive days do not exceed the maximum daily pitch limit (105). The rest period is 2 days based on the number of pitches thrown on the last day (65).

**RULE: (c) Pitching on Three Consecutive Days: Pitchers may pitch on three consecutive days if the pitcher's combined total pitches during the first two days do not exceed the limits in the table below. 18U Men, 19U WOMEN, Baseball Canada Cup, Canada Games (40).**

SCE 7 – The pitcher throws on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and the cumulative pitches exceed the daily minimum threshold (40). The pitcher is ineligible to throw on the 3<sup>rd</sup> day (Sat) and can throw 95 pitches on the 4<sup>th</sup> day (Sun). The total pitches, including those thrown on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri)

## **18U MEN/19U WOMEN PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

(25+30+95=150), meet the 4 consecutive days maximum pitch limit (150). The rest period is 4 days based on the number of pitches thrown on the last day (95).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 18U Men, 19U WOMEN, Baseball Canada Cup, Canada Games (150).**

SCE 8 - The pitcher throws under the minimum daily threshold (40) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and does not throw on the 3<sup>rd</sup> day (Sat). The pitcher can throw on the 4<sup>th</sup> day (Sun) the maximum daily pitch limit of 105 pitches. The pitches thrown (20+20+105=145) are below the 4-day maximum pitch limit (150). The rest period is 4 days based on the pitches thrown on the last day (105).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 18U Men, 19U WOMEN, Canada Games, Baseball Canada Cup (150).**

SCE 9 - The pitcher throws over the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu) to finish the batter. The pitcher can throw on the 2<sup>nd</sup> day (Fri) as the coach identified to the umpire "last batter" upon reaching the minimum daily rest threshold. The pitcher can throw 65 pitches (Fri) as cumulative pitches over two consecutive days did not exceed the maximum daily pitch limit (105). The rest period is 2 days based on the pitches thrown on the last day (65).

**RULE 4.4 (J) Completing a Batter - When a pitcher reaches the maximum number of pitches allowed for a threshold (the number at which an additional day's rest is required) (see Example 1), or the total number of pitches allowed for a day while in the middle of an at-bat (see Example 2), or the pitcher's combined total pitches during the first two days does not exceed the one day's rest threshold (see example 3), the pitcher is allowed to complete the at-bat. The pitcher's pitch count will revert to the previous threshold and that number will be recorded on the pitch count log.**

**RULE: Section 4.4 (d) Two-day maximum pitch limit – The pitcher will not be permitted to throw more than the number of pitches shown in the table below over a two-day period: 18U Men, 19U WOMEN, Baseball Canada Cup, Canada Games (105).**

SCE 10 – The pitcher throws in two (2) games on the 1<sup>st</sup> day (Thu) and one game on the 2<sup>nd</sup> day (Fri) and the cumulative pitches thrown are equal to the minimum daily threshold (40). The pitcher can throw on the 3<sup>rd</sup> day (Sat) as pitches thrown (25+15) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> (Fri) days do not exceed the minimum daily rest threshold (40). The pitcher can throw 65 pitches as cumulative pitches over the 3 consecutive days do not exceed the maximum daily pitch limit (105). The rest period shall be 2 days based on the number of pitches thrown on the last day (65).

**RULE: (c) Pitching on Three Consecutive Days: Pitchers may pitch on three consecutive days if the pitcher's combined total pitches during the first two days do not exceed the limits in the table below. 18U Men, 19U WOMEN, Baseball Canada Cup, Canada Games (40).**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day.**

## **18U MEN/19U WOMEN PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

**For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

SCE 11 - The pitcher throws under the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu), and is eligible to throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitches thrown in the 1<sup>st</sup> game, including the pitches thrown on the 1<sup>st</sup> day (Thu), are equal to the minimum daily rest threshold (40) therefore the pitcher can throw in the 2<sup>nd</sup> game. The pitcher can throw 65 pitches as the two-day maximum pitch limit is 105. The rest period is 2 days based on the pitches thrown on the last day (80).

**RULE: Section 4.4 (d) Two-day maximum pitch limit – Pitcher will not be permitted to throw more than the number of pitches shown in the table below over any two-day period: 18U, 19U WOMEN, Canada Games, Baseball Canada Cup (105).**

**iii)The pitches on the first day are applied toward the minimum rest threshold toward eligibility for two appearances on the following day.**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

SCE 12 - The pitcher throws in two (2) games under the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu), and can throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitches thrown in the 1<sup>st</sup> game including the cumulative pitches thrown on the 1<sup>st</sup> day (Thu), are equal to the minimum daily rest threshold (40) therefore the pitcher can throw in the 2<sup>nd</sup> game. The pitcher can throw 65 pitches as the two-day maximum daily pitch limit is 105. The rest period is 3 days based on the pitches thrown on the last day (75).

**iii)The pitches on the first day are applied toward the minimum rest threshold toward eligibility for two appearances on the following day.**

**RULE: Section 4.4 (d) Two-day maximum pitch limit – Pitcher will not be permitted to throw more than the number of pitches shown in the table below over any two-day period: 18U MEN, 19U WOMEN, Baseball Canada Cup, Canada Games (105).**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

SCE 13 - The pitcher throws in two (2) games under the minimum daily threshold (40) on the 1<sup>st</sup> day (Thu), and can throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitcher throws but the coach identified to the umpire the "Last batter" upon reaching the minimum daily rest threshold and the pitcher is eligible to throw on the 3<sup>rd</sup> day (Sat). The pitcher can throw on the 3<sup>rd</sup> day as the pitch count log will not show the pitches thrown over the minimum daily rest threshold. On the 3<sup>rd</sup> day (Sat) the pitcher can

## **18U MEN/19U WOMEN PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

throw 65 pitches as the maximum daily pitch limit over three consecutive days is 105. The rest period is 2 days based on the pitches thrown on the last day (65).

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

**RULE 4.4 (J) Completing a Batter - When a pitcher reaches the maximum number of pitches allowed for a threshold (the number at which an additional day's rest is required) (see Example 1), or the total number of pitches allowed for a day while in the middle of an at-bat (see Example 2), or the pitcher's combined total pitches during the first two days does not exceed the one day's rest threshold (see example 3), the pitcher is allowed to complete the at-bat. The pitcher's pitch count will revert to the previous threshold and that number will be recorded on the pitch count log.**

## 22U MEN/22U WOMEN PITCH COUNT SHEET BASEBALL CANADA CHAMPIONSHIPS

**EXAMPLE: Pitches:** 1-45 (no rest) 46-60 (1 Day) 61-75 (2 Days) 76-90 (3 Days) 91-115 (4 Days)

	DAY1 (THUR)	DAY 2 (FRI)	DAY 3 (SAT)	DAY 4 (SUN)	DAY 5 (MON)	DAY 6 (TUES)	4-DAY MAX
SCE 1	45	70	REST	REST	95	REST	165
SCE 2	45	0	115	REST	REST	REST	165
SCE 3A	50	REST	115	REST	REST	REST	165
SCE 3B	60	REST	10	95	REST	REST	165
SCE 4	75	REST	REST	90	REST	REST	165
SCE 5	90	REST	REST	REST	115	REST	165
SCE 6	20	25	70	REST	REST	95	165
SCE 7	25	35	REST	105	REST	REST	165
SCE 8	20	25	0	115	REST	REST	165
SCE 9	45 (49)	70	REST	REST	95	REST	165
SCE 10	15 G-1 15 G-2	15	70	REST	REST	95	165
SCE 11	30	15 G-1 70 G-2	REST	REST	REST	115	165
SCE 12	20 G-1 10 G-2	15 G-1 70 G-2	REST	REST	REST	115	165
SCE 13	20 G-1 15 G-2	10 (15)	70	REST	REST	95	165

SCE 1 – The pitcher throws under the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu); therefore, is eligible to pitch on the 2<sup>nd</sup> day (Fri). The maximum number of pitches on the 2<sup>nd</sup> day (Fri) is 70 as the cumulative pitches over two consecutive days cannot exceed the maximum daily pitch limit (115 pitches). The rest period is 2 days based on the pitches thrown on the last day (70).

**RULE: Section 4.4 (d) Two-day maximum pitch limit – The pitcher will not be permitted to throw more than the number of pitches shown in the table below over a two-day period: 22U MEN/22U WOMEN (115).**

SCE 2 – The pitcher throws equal to the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu) and does not throw on the 2<sup>nd</sup> day (Fri). The pitcher did not throw on two consecutive days and can throw the maximum daily pitch limit (115) on the 3<sup>rd</sup> day (Sat). Also, the total pitches thrown (45+115=160) do not exceed the 4 consecutive days pitch limit (165). The rest period is 4 days based on the pitches thrown on the last day (115).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 22U MEN/22U WOMEN (165)**

SCE 3A - The pitcher throws over the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu) and serves one day of rest on the 2<sup>nd</sup> day. The pitcher is eligible to throw the maximum daily pitch limit (115) on the 3<sup>rd</sup> day (Fri) as the total pitches thrown (50+115=165) is equal to the 4 consecutive days maximum pitch limit (165). The rest period is 4 days based on the pitches thrown on the last day (115).

## **22U MEN/22U WOMEN PITCH COUNT SHEET BASEBALL CANADA CHAMPIONSHIPS**

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 22U/22U WOMEN (165)**

SCE 3B - The pitcher throws over the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu) and serves one day of rest on the 2<sup>nd</sup> day (Fri). On the 3<sup>rd</sup> day (Sat), the pitcher throws 10 pitches; therefore, eligible to throw 95 pitches on the 4<sup>th</sup> day (Sun). The total pitches thrown (60+10+95=165) meet the 4 consecutive day maximum pitch limit (165). The rest period is 4 days based on the pitches thrown on the last day (95).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 22U MEN/22U WOMEN (165)**

SCE 4 – The pitcher throws over the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu) and serves two days rest on the 2<sup>nd</sup> (Fri) & 3<sup>rd</sup> days (Sat). The pitcher can throw on the 4<sup>th</sup> day (Sun) 90 pitches. The total pitches, including those thrown on the 1<sup>st</sup> day (75+90=165), meet the 4 consecutive day maximum pitch limit (165). The rest period is 3 days based on the pitches thrown on the last day (90).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 22U MEN/22U WOMEN (165)**

SCE 5 – The pitcher throws over the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu) and serves three days rest on the 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> day (Fri-Sun). The pitcher can throw the maximum pitch limit (115) on the 5<sup>th</sup> day (Mon). The pitcher served the required rest period and did not exceed the 4 consecutive days maximum pitch limit (165).

**RULE: Section 4.4 ( f ) Rest periods – Maximum daily pitch limit 22U MEN/22U WOMEN (115)**

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 22U MEN/22U WOMEN (165)**

SCE 6 – The pitcher throws on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and the cumulative pitches thrown are equal to the minimum daily threshold (45). The pitcher is eligible to throw on the 3<sup>rd</sup> day (Sat) as pitches thrown (20+25=45) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> (Fri) days equal to the minimum daily threshold (45). The pitcher can throw 70 pitches as cumulative pitches over 3 consecutive days do not exceed the maximum daily pitch limit (115). The rest period is 2 days based on the number of pitches thrown on the last day (70).

**RULE: (c) Pitching on Three Consecutive Days: Pitchers may pitch on three consecutive days if the pitcher's combined total pitches during the first two days do not exceed the limits in the table below. 22U MEN/22U WOMEN (45)**

SCE 7 – The pitcher throws on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and the cumulative pitches exceed the daily minimum threshold (45). The pitcher is ineligible to throw on the 3<sup>rd</sup> day (Sat) and can throw 105 pitches on the 4<sup>th</sup> day (Sun). The total pitches, including those thrown on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri)

## **22U MEN/22U WOMEN PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

(25+35+105=165), meet the 4 consecutive days maximum pitch limit (165). The rest period is 4 days based on the number of pitches thrown on the last day (105).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 22U MEN/22U WOMEN (165)**

SCE 8 - The pitcher throws under the minimum daily threshold (45) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> day (Fri) and does not throw on the 3<sup>rd</sup> day (Sat). The pitcher can throw on the 4<sup>th</sup> day (Sun) the maximum daily pitch limit of 115 pitches. The pitches thrown (20+25+115=165) are below the 4-day maximum pitch limit (165). The rest period is 4 days based on the pitches thrown on the last day (115).

**RULE: Section 4.4 ( e ) Four-day maximum pitch limits - Pitchers will not be permitted to throw more than the number of pitches shown in the table below, over any four consecutive day period: 22U MEN/22U WOMEN (165)**

SCE 9 - The pitcher throws over the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu) to finish the batter. The pitcher can throw on the 2<sup>nd</sup> day (Fri) as the coach identified to the umpire the “last batter” upon reaching the minimum daily rest threshold. The pitcher can throw 70 pitches (Fri) as cumulative pitches over two consecutive days did not exceed the maximum pitch limit (115). The rest period is 2 days based on the pitches thrown on the last day (70).

**RULE 4.4 (J) Completing a Batter - When a pitcher reaches the maximum number of pitches allowed for a threshold (the number at which an additional day’s rest is required) (see Example 1), or the total number of pitches allowed for a day while in the middle of an at-bat (see Example 2), or the pitcher’s combined total pitches during the first two days does not exceed the one day’s rest threshold (see example 3), the pitcher is allowed to complete the at-bat. The pitcher’s pitch count will revert to the previous threshold and that number will be recorded on the pitch count log.**

**RULE: Section 4.4 (d) Two-day maximum pitch limit – The pitcher will not be permitted to throw more than the number of pitches shown in the table below over a two-day period: 22U MEN/22U WOMEN (115).**

SCE 10 – The pitcher throws in two (2) games on the 1<sup>st</sup> day (Thu) and one game on the 2<sup>nd</sup> day (Fri) and the cumulative pitches thrown equals the minimum daily rest threshold (45). The pitcher can throw on the 3<sup>rd</sup> day (Sat) as pitches thrown (30+15) on the 1<sup>st</sup> (Thu) and 2<sup>nd</sup> (Fri) days do not exceed the minimum daily rest threshold (45). The pitcher can throw 70 pitches as cumulative pitches over 3 consecutive days do not exceed the maximum daily pitch limit (115). The rest period shall be 2 days based on the number of pitches thrown on the last day (70).

**RULE: (c) Pitching on Three Consecutive Days: Pitchers may pitch on three consecutive days if the pitcher’s combined total pitches during the first two days do not exceed the limits in the table below. 22U MEN/22U WOMEN (45)**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day.**

## **22U MEN/22U WOMEN PITCH COUNT SHEET BASEBALL CANADA CHAMPIONSHIPS**

**For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or any time on Friday.**

SCE 11 - The pitcher throws under the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu), and is eligible to throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitches thrown in the 1<sup>st</sup> game, including the pitches thrown on the 1<sup>st</sup> day (Thu), are equal to the minimum daily rest threshold (45) therefore the pitcher can throw in 2<sup>nd</sup> game. The pitcher can throw 70 pitches as the two-day maximum pitch limit is 115. The rest period is 3 days based on the pitches thrown on the last day (85).

**RULE: Section 4.4 (d) Two-day maximum pitch limit – Pitcher will not be permitted to throw more than the number of pitches shown in the table below over any two-day period: 22U MEN/22U WOMEN (115).**

**iii)The pitches on the first day are applied toward the minimum rest threshold toward eligibility for two appearances on the following day.**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

SCE 12 - The pitcher throws in two (2) games under the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu), and can throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitches thrown in the 1<sup>st</sup> game, including the cumulative pitches thrown on the 1<sup>st</sup> day (Thu), are equal to the minimum daily rest threshold (45) therefore the pitcher can throw in the 2<sup>nd</sup> game. The pitcher can throw 70 pitches as the two-day maximum daily pitch limit is 115. The rest period is 3 days based on the pitches thrown on the last day (85).

**iii)The pitches on the first day are applied toward the minimum rest threshold toward eligibility for two appearances on the following day.**

**RULE: Section 4.4 (d) Two-day maximum pitch limit – Pitcher will not be permitted to throw more than the number of pitches shown in the table below over any two-day period: 22U MEN/22U WOMEN (115).**

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or anytime on Friday.**

SCE 13 - The pitcher throws in two (2) games under the minimum daily threshold (45) on the 1<sup>st</sup> day (Thu), and can throw on the 2<sup>nd</sup> day (Fri). On the 2<sup>nd</sup> day (Fri), the pitcher throws but the coach identified to the umpire the "Last batter" upon reaching the minimum daily threshold and the pitcher is eligible to throw on the 3<sup>rd</sup> day (Sat). The pitcher can throw on the 3<sup>rd</sup> day as the pitch count log will not show the pitches thrown over the minimum rest threshold. On the 3<sup>rd</sup> day (Sat), the pitcher can throw 70 pitches



## **22U MEN/22U WOMEN PITCH COUNT SHEET**

### **BASEBALL CANADA CHAMPIONSHIPS**

as the maximum daily pitch limit over three consecutive days is 115. The rest period is 2 days based on the pitches thrown on the last day (70).

**RULE: Section 4.4 (b) Multiple Appearance in a Day - Pitchers shall be permitted to have two appearances on the same calendar day. If a pitcher requires a rest following their first appearance, the requirement for rest is immediate and the pitcher cannot return to pitch on the same calendar day. For example, a 13U pitcher who throws 40 pitches in game one on Thursday requires one day's rest and cannot pitch in a second game on Thursday or any time on Friday.**

**RULE 4.4 (J) Completing a Batter - When a pitcher reaches the maximum number of pitches allowed for a threshold (the number at which an additional day's rest is required) (see Example 1), or the total number of pitches allowed for a day while in the middle of an at-bat (see Example 2), or the pitcher's combined total pitches during the first two days does not exceed the one day's rest threshold (see example 3), the pitcher is allowed to complete the at-bat. The pitcher's pitch count will revert to the previous threshold and that number will be recorded on the pitch count log.**